

DREAM

Project Update



DREAM PROJECT FOUNDATIONS

Thank you to everyone who has been helping us to shape the DREAM project from its very beginning. Together with our public advisors from all over the country and a mixed professional stakeholder group we laid the foundations of the project by exploring:

- what is important to older people
- what does independence means to them
- what should be measured in a geriatric assessment

These conversations have shaped our ongoing work and steered us to focus the attention of the geriatric assessment to a much more holistic view, less task focused.

PUBLIC AND PROFESSIONAL ADVISORY GROUPS

The first meetings with our public and professional advisory groups have highlighted the need to think about the role and attributes healthcare professionals should have to engage effectively with older people, and to assess their needs with the individual in mind, not the task.

We applied for extra funding to explore this further and have been successfully awarded a small grant to run a survey, which will help refine this project.

Our stakeholder and advisory groups have helped us shape the guide for interviews we plan to hold with healthcare professionals and older people, family members and carers.

Our plans have been approved by the ethics committee at the University of Exeter and our colleague Aseel has steamed ahead and has held the first interviews, well done Aseel!



Aseel Mahmoud



EXISTING LITERATURE

Julie and her team have been busy scanning existing literature to see whether there is already knowledge on remote assessment tools, for example phone apps or wrist watches. She will be meeting our stakeholder groups in July to present what gadgets are out there and see whether these are useable.

A big thank you to Tanya, our project administrator, who does not shy away from any challenge and has set up a project website. Fantastic work! Please visit our website [here](#). We welcome any suggestions.



MEET THE TEAM



Tim Sanders

Patient and public involvement lead

I am a saxophone-player and a founder member of famed session team the Kick Horns, who since the 1980s have played and arranged for the likes of Eric Clapton, the Who, Beyonce, Baaba Maal and Blur. I am currently recording seven of my compositions for Big Band.

I have had type 1 diabetes since 1969, when you had to boil your syringes and needles to sterilise them. www.kickhorns.com

Vicki Goodwin DREAM Co-lead

I'm a Lancashire lass and physiotherapist and moved to South Devon 27 years ago and never left. I live with my Aussie husband Ian and dogs, Monty and Treacle. Before I went into physio I studied electrical and electronic engineering. I'm partial to funky shoes and enjoy reading a good thriller. I've met Prince Charles a couple of times – he's not as tall as I expected.

