

# REACH-HF News

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## REACH-HFEF (WP3) 'Best of the Best'

Following on from last September's Programme Management Group meeting when we had the 'big reveal' of the REACH HFref multicentre RCT results, Rod and Hayes have been busy submitting abstracts to several conferences. We are pleased that our abstract was in the top 3 in the heart failure category and was judged the 'Best of the Best' by the British Cardiovascular Society. We will be making an oral and poster presentation at their annual meeting on 6th June. A full manuscript of the findings has also been submitted for publication.

## WP2 accepted by BMJ Open

The results of WP2 have been presented at the 2017 BACPR (London), AHA (California), the BSH (London) meetings and in 2018 at the BJGP (London) & the SW SAPC (Plymouth) conferences. BMJ Open have now accepted the REACH HFpEF pilot RCT for publication.

## Patient and Public Involvement

The PPI group enjoyed a Christmas meal at the County Arms, Truro to celebrate their contribution to the project. Rod and Hayes discussed the results of WP3 with the group and how the group may like to be involved in the next stage of the research.

### *Dates for your diary:*

*British Cardiovascular Society Annual Meeting, Manchester 6th June  
BACPR Annual conference, 5th October,  
Glasgow. Oral presentations of main RCT*

## REACH-HF Stakeholder and Dissemination Conference

The REACH-HF dissemination event on 6th April at Pendennis Castle, Falmouth, has attracted over 60 delegates including representation from our funder the National Institute of Health Research, our sponsor the Royal Cornwall Hospitals Trust, the University of Exeter, Kernow Clinical Commissioning Group, the British Heart Foundation and Pumping Marvellous—a patient charity for people with heart failure. Prof Martin Cowie, Consultant Cardiologist from Imperial College, London will deliver the keynote. The focus will be on the achievements of the REACH-HF study team over the last 5-6 years and the next steps. **#heartfailurehabilitation**



On the eve of the conference, key stakeholders are meeting for a workshop to discuss the potential implementation strategy for REACH-HF and how we could make REACH-HF easily accessible to patients within the NHS so it improves the current low uptake of cardiac rehab in people with heart failure.

[http://www.rcht.nhs.uk/  
RoyalCornwallHospitalsTrust/WorkingWithUs/  
TeachingAndResearch/ReachHF](http://www.rcht.nhs.uk/RoyalCornwallHospitalsTrust/WorkingWithUs/TeachingAndResearch/ReachHF)