

# REACH-HF News

Issue 16. October 2017

## REACH-HFrEF (WP3) The big reveal!



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*The REACH-HF Programme Management Group (PMG) met on 22nd September in Exeter to review the results of the multicentre REACH-HF WP3 RCT. The main results were presented and an initial interpretation of findings were agreed by the PMG. The PMG agreed that the results should remain confidential until the remaining quantitative and qualitative data analyses have been completed. We aim to submit the findings for publication in a peer reviewed journal before the end of 2017. A press release of the results will be publically available to coincide with the publication date.*

## Congratulations



Grace Dibben and Miriam Noonan our PhD students both presented their research at the BACPR 2017 conference. Grace was awarded the prize for the best oral presentation for her systematic review and meta-analysis 'Does cardiac rehabilitation impact physical activity levels of heart disease patients?'

Congratulations also go to Kim Arnell our research nurse who was shortlisted for The RCNi Nurse Awards 2017 in May. Kim started working in REACH-HF in 2015 and her nomination was for this work. <http://intra.cornwall.nhs.uk/Intranet/News/NewsArticles/RCHT/StaffNurseShortlistedforBankNurseoftheYear.aspx>

## Date for Your Diary:

Closing conference and dissemination event 06.04.2018

## Patient and Public Involvement

The PPI group (chaired by Kevin) are planning a celebratory meal on the 17th [November] at the County Arms in Truro, Cornwall to mark the end of this project and to celebrate the members of the PPI group's contribution. Continuing involvement is planned with the group having a key role as reviewers of our publications and advising us on public dissemination.

## Dissemination news

Rod presented the findings of WP2 (Pilot RCT) at the BACPR conference in London on 6th October and also at the Welsh Heart Failure Forum on the 13th October where it was the keynote: 'A Facilitated Home-Based Rehabilitation Intervention in Patients with Heart Failure with Preserved Ejection Fraction and their Caregivers: REACH-HFpEF Pilot Study'.

Joe Mills, past president of the BACPR, will present an overview of the REACH-HF study at the British Soc of Heart Failure conference in London on 24th November. The study poster 'A Facilitated Home Based Rehabilitation Intervention: Impact on Well-Being and Quality of Life in Patients with Heart Failure with Preserved Ejection Fraction' has been accepted for presentation at the prestigious American Heart Association's Scientific Sessions 2017 in Anaheim, California from November 11-15. Rod will also be attending the meeting.

Hayes will be giving an overview of the study at this year's British Soc. for Heart Failure annual meeting in London on 24th November.

## REACH-HF and social media

REACH-HF now has a Facebook page and twitter account. Please 'like' our page and 'follow' us



REACH\_HF @heartfailurerehabilitation



Reach-hf @heartfailurerehabilitation

<http://www.rcht.nhs.uk/RoyalCornwallHospitalsTrust/WorkingWithUs/TeachingAndResearch/ReachHF>