

# REACH-HF News

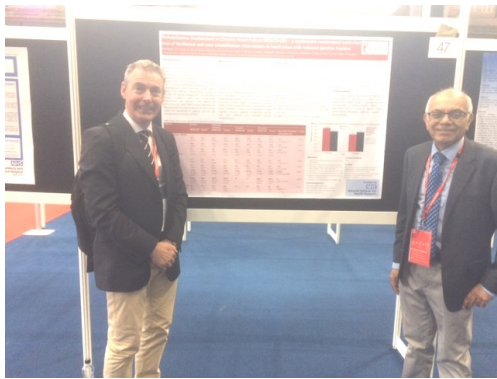
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## Conference Season!

The team have presented the research at a number of important national and international conferences: The BJGP conference (London, March 2018), the British Cardiovascular Society (Manchester, June 2018) the European Society of Cardiology HFA (Vienna, May 2018) Euro Heart Care (Dublin, June 2018) and the International Society for Behaviour, Nutrition and Physical Activity (Hong Kong, June 2018).



Our own local dissemination event at Pendennis Castle, Falmouth in April attracted over 60 delegates. Prof Martin Cowie, was the keynote

## Preparing to 'Roll out' REACH-HF

With the main multicentre trial over our thoughts have turned to making REACH-HF NHS ready. Funding from the University of Exeter and our NIHR grant has enabled Prof Colin Greaves to lead on updating the intervention with a post doc, Sam van Beurden the aim is to have an NHS ready version to showcase at the BACPR in Glasgow! Colin and Sam are working with the Heart Manual Department in Edinburgh.

### *Dates for your diary:*

*BACPR Annual conference, 5th October, Glasgow. Oral presentations of main RCT*

## REACH-HF Dissemination news

A summary of the main multicentre RCT results are available at: [http://heart.bmj.com/content/104/Suppl\\_6/A43.2](http://heart.bmj.com/content/104/Suppl_6/A43.2)

We will be submitting articles for the caregiver outcomes, the process evaluation and the health economic findings for publication later in 2018.

## Patient and Public Involvement

The PPI group are continuing to actively involved with the project. They are now working with Sam van Beurden and Colin Greaves on updating the manual in preparation for 'roll-out'.

## Hello and Goodbye

Sam Van Beurden from the University of Exeter Medical School (UEMS) joined the REACH HF team in May. She can be contacted at [sbv201@exeter.ac.uk](mailto:sbv201@exeter.ac.uk)

Jenny Wingham's is no longer with RCHT an honorary post with UEMS and will be involved in updating REACH-HF training materials with Colin Greaves.

Kat Horner has replaced Emma Thompson as our Programme Manager at the NIHR CCF.

Suzanne Nunn who has been the project administrator since January 2017 will be leaving at the end of June when her contract ends. We will miss her!

<http://www.rcht.nhs.uk/WorkingWithUs/TeachingAndResearch/ReachHF>