



REACH-HF News



Issue 27: December 2021

NHS England funds roll-out of REACH-HF

We have some exciting news to share - to support the Long Term Plan ambition to expand access to cardiac rehabilitation for those who are eligible, NHS England and Improvement have funded the University of Exeter to provide training for healthcare professionals across England to enable them to deliver REACH-HF.

[Exeter-led team receives national funding to roll-out innovative rehab programme](#)

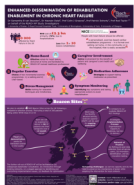
NHS England and NHS Improvement

The funding will provide training for 60 healthcare professionals in up to 20 sites across England in 2021-22. So far we have received over 40 enquiries and 6 applications have been shortlisted for interviews this month. NHS Lothian's Heart Manual department will be hosting the 2-day online training in March and June 2022. Further details are available on our website or by email (see below).

Conferences



The British Association for Cardiovascular Prevention and Rehabilitation (BACPR) held its annual hybrid conference in Belfast in October. The conference theme was 'New World of Cardiovascular Prevention and Rehabilitation' and Prof. Patrick Doherty publicised our NHS England-funded training.



We were invited by NICE to submit a poster that was presented by Dr Sam van Beurden at this year's GIN (Guidelines International Network) virtual conference in October.

As one of the winners of the BHF Hope for Hearts fund in 2020, the British Society for Heart Failure has given us the opportunity to present a short [video](#) update on D REACH-HF at their 2021 conference this month.

Prof. Rod Taylor made a strong case for REACH-HF at The Heart Failure Policy Summit in November speaking about 'Opportunities and Challenges for Home-Based Rehabilitation'. Great work, Rod!

Welcome, Jenny!

In September, Jenny Amesbury joined us as a Project Administrator and has enjoyed working with Chloe Thomas, Hayes Dalal, Sinead McDonagh, Sam van Beurden, Rosina Cross and the wider team in the administration, management and commercialisation of REACH-HF.



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Dissemination

We are delighted to announce that our new review article which discusses the role of cardiac rehabilitation in improving cardiovascular outcomes has been published in [Nature Reviews](#). Well done to team members Rod, Hayes and Sinead!

Other recent publications have included:

- [The promise and challenge of telerehabilitation in cardiac rehabilitation](#)
- [Virtual and in-person cardiac rehabilitation](#)

Check out the new [blog](#) by Dr. Hayes Dalal and Prof. Rod Taylor on how NIHR funding has improved care for people with heart failure.



On TheyWorkForYou, the parliamentary monitoring website, Maria Caulfield responded to a written question about Cardiac Rehab from Sir John Hayes (Conservative MP for South Holland and The Deepings), mentioning the [partnership of NHS England with the University of Exeter](#).

D REACH-HF

The digital version of REACH-HF has been developed over the last 12 months and extensively reviewed by our patient and public advisors. The platform is almost ready for pilot roll-out in NHS sites across England. Special thanks to Sam, Rosina, Sinead and the HCI team. We are awaiting ethics approval from Integrated Research Approval System (IRAS) after submitting our application last month. Thanks to Pam Baxter for supporting Rosina, Sinead and Sam with this.

SCOT: REACH-HF

SCOT: REACH-HF, led by Carrie Purcell and Rod Taylor, has recruited a total of 136/140 people with heart failure and 54 friends and family members! A remarkable achievement in the midst of a pandemic. Well done to their team and good luck with the implementation!

OTHER PROJECTS

We are busy adapting our rehab programme to a Danish context in our collaborative project [DK REACH-HF](#).

The REACH-HFpEF team are undertaking a [randomised controlled trial](#) of the REACH-HF programme in patients with heart failure with preserved ejection fraction and their caregivers.

Season's greetings with good wishes for a happy and healthy 2022!



The REACH HF team