

# RecoverED study update

## (October 2023)



The [RecoverED feasibility study](#) is well underway. Read on for a summary of what we have been doing recently and how the study is progressing.

### Study phase

- We have now entered the 3-month follow up period of the study.

### Hospital sites

- All 6 sites are open to recruitment! North Devon, Newcastle, Birmingham, Nottingham, London, and Edinburgh are currently screening and recruiting participants.

### Recruiting participants

- We aim to recruit **60** participant pairs to take part in the study. Pairs consist of an individual who has had delirium plus their care partner.
- So far, **12** participant pairs have been recruited to the study.

### Progress with the intervention (rehabilitation programme)

- Several sites are underway with intervention delivery!
- We are continuing to run peer support groups as well as providing ongoing ad-hoc support to all 6 sites. We also held our first focus group discussion in early October about how we can make the intervention better for the patient participants who are taking part in the study.
- Our in-house occupational therapist, Abigail Laverick, has started visiting sites in person to provide support and advice for participant screening. So far, North Devon have been visited and we also have visits planned for London and Birmingham in the near future.
- Alison Bingham, our in-house physiotherapist, has recently written a reflective piece detailing her experiences of moving from clinical practice into a research role. This has been published by the Chartered Society of Physiotherapy ([click here to read](#)).
- Ali and Abi presented information about the RecoverED study during Allied Health Professions (AHP) week. This celebrated the collaborative working between research and NHS services.

### Data management

- All data collected from the intervention sessions is being uploaded to the study database on a rolling basis.
- We are continuing to run regular data checks on the study database to ensure all the data collected at site is high quality.
- The data management team are liaising with all 6 sites to work through any data queries or issues.