

# RecoverED study update

## (January 2024)



The [RecoverED feasibility study](#) is well underway. Read on for a summary of what we have been doing recently and how the study is progressing.

### Recruiting participants

- We aim to recruit **60** participant pairs to take part in the study. Pairs consist of an individual who has had delirium plus their care partner.
- So far, **19** participant pairs have been recruited to the study.

### Study status

- We have extended recruitment until 31<sup>st</sup> March 2024.
- We have now completed four 3-month follow-up visits and three 6-month follow-up visits.
- Nine participants have started the intervention and three participants have completed 6 or more (of a possible 10) rehabilitation programmes.

### Hospital sites

- Newcastle, Birmingham, London, and Edinburgh have agreed to a recruitment extension and are currently screening and recruiting participants.

### Progress with the intervention (rehabilitation programme)

- We continued to offer review sessions to the intervention delivery teams.
- We conducted a phone interview with a carer of a participant who completed the full RecoverED intervention.
- We are scheduling interviews with three additional patient- and carer-participants in late January as they conclude their intervention sessions.
- We have scheduled support workers to audio record intervention sessions in February.
- We are planning interviews with professionals - two support workers and one therapist in February.
- We are organising separate focus groups for support works and other staff (therapists, service managers, and clinical leads). Data collected will inform the revision of interventions, delivery, training, and materials.
- We've initiated the process of thinking about what we want to learn from the data that has been collected by intervention delivery teams.
- We are currently considering options for an alternative primary outcome.