

RecoverED study update

(March 2024)



The [RecoverED feasibility study](#) is well underway. Read on for a summary of what we have been doing recently and how the study is progressing.

Recruiting participants

- Recruitment will finish at the end of this month (31st March).
- 4 of our sites (Newcastle, Birmingham, London, and Edinburgh) are continuing to screen and recruit participants until then.
- So far, **19** out of **60** participant pairs have been recruited to the study. Pairs consist of an individual who has had delirium plus their care partner.

Qualitative research

- Some of our participants and healthcare professionals are taking part in interviews and audio-recordings to gather more in-depth information about the RecoverED intervention.
- Our qualitative researchers, Shruti Raghuraman and Aseel Mahmoud, are in contact with the participating sites to arrange these sessions.
- We are also planning to organise some focus groups sessions with the sites. This will consist of discussions about how we can make the intervention better for the patient participant group who are taking part in the study.

Progress with the intervention (rehabilitation programme)

- The intervention team together with the data management team are starting to analyse the data collected from the intervention sessions.
- The intervention team are also making a start on planning the next Work Package 3 of the RecoverED programme.

Patient and public involvement (PPI)

- There are ongoing discussions with the RecoverED PPI group to get their views and opinions on alternative primary outcome measures for Work Package 3. So far, we have had some useful feedback. We are now looking to involve a larger cohort of individuals to receive feedback from, as we want to hear the perspectives of as many people in this population as possible.

Data management

- During recruitment, the data team are running routine data checks on the study database to ensure high quality data collection. Our data manager generates a metrics report tracking screening, recruitment, and participant retention.