

# RecoverED study update

## (April 2024)



The [RecoverED feasibility study](#) is well underway. Read on for a summary of what we have been doing recently and how the study is progressing.

### Recruitment

- Recruitment ended on the 31<sup>st</sup> March 2024.
- **19** out of our target of **60** participant pairs consented to take part in the study. This is an uptake of 32%.
- Participant pairs consist of an individual who has delirium plus their carer partner.

### The intervention (rehabilitation programme)

- Before patient participants start receiving the intervention, they undergo an initial assessment at home. This determines the starting point of the patients journey in recovering from delirium.
- So far, 12 participants have received their initial home assessment.
- 10 participants have started their intervention.

### Qualitative research

- To understand how the intervention is being received, we are running some interviews with the patient participants and with the carer participants.
- 8 patients and 19 carers have consented to an interview.
- We are also running some interviews with the healthcare professionals who are delivering the intervention.
- Recruitment is ongoing, but so far 11 healthcare professionals have consented to take part.

### Follow-up

- Once a participant has finished their intervention programme, they are re-visited at 3 months post-intervention and then again at 6 months post-intervention.
- So far, there have been **10 x 3-month** follow-up visits and **5 x 6-month** follow-up visits.

### Study timelines

- The end of this study (work package 2 - feasibility study) has been extended to the 31<sup>st</sup> December 2024.
- We will meet with our study funder (NIHR) in the coming weeks to discuss proposals for the next stage of RecoverED, work package 3.