

RecoverED study update

(August 2024)



The [RecoverED feasibility study](#) is coming to a close. Read on for a summary of what we have been doing recently and how the study is progressing.

Study timeline

- We have completed our final follow-up! Participants were visited 2 times in the follow-up period, once at 3 months post intervention and again at 6 months.
- The next stage of the study now consists of data cleaning and locking the database in preparation for data analysis.
- Once this is finished, we will initiate trial close-down procedures. We anticipate that the whole study will be finished by the end of this year.

Patient and public involvement (PPI)

- One ongoing aspect of the RecoverED study is our ICECAP-O project.
- **ICECAP-O** = ICEpop CAPability measure for Older people (a questionnaire).
- In our last update, we highlighted a PPI meeting at St Luke's campus to discuss the ICECAP-O questionnaire, which concluded with some great suggestions and ideas surrounding using the ICECAP-O as a primary outcome measure.
- We have since held a second PPI meeting with a larger group of people with different perspectives – all with first-hand experience of this population. Our main aim for this meeting was to help understand what a 'meaningful' difference in scores for the ICECAP-O might be. The meeting was a great success and gave our team a lot to work with and think about when taking this piece of work forward.

Process Evaluation

- The process evaluation team have completed all interviews and focus groups with participants and healthcare professionals. They are currently analysing the data with the research intervention team. The intervention team will also use this information to decide what and how we would like to change things for future work.
- The team have submitted two manuscripts for publication from the qualitative work done in the first Work Package. These manuscripts are currently under peer review.

Publications and conferences

- We are currently planning several papers including investigations into the challenges in recruiting participants with delirium; the design, development and refinement of the intervention; and a realist study of the programme theory development.
- We are also planning to submit work to several national and interventional conferences to present the results of the RecoverED Study.