

SmartADHD

October 2025 Newsletter



Hello everyone and welcome to the third SmartADHD newsletter! This includes an update on our project progress, some team updates and next steps.

Project progress

- We have submitted the first paper about Chatbot Development, funded by LEAP, to the Journal of Medical Internet Research
- Anna has been facilitating working groups with our Digital Experts to inform planning for the next few years
- Becky Coniam-Gudka has rejoined the team to complete her PhD



Project Progress (...)

- David from Digital Futures put together a brilliant first prototype of the evidence-based chatbot
- The research team held 'Think-Aloud Interviews' with six of our lived-experience collaborators, who gave feedback on the prototype
- Our fabulous interdisciplinary team co-authored an article which discusses the findings from the chatbot, and this has now been submitted for publication "Co-developing an evidence-based AI Virtual Assistant for young people living with ADHD: Recommendations from Experts by Lived Experience".
- El and Anna wrote a blog for the LEAP website, which will be live soon.

Up Next

- The team is writing a paper on the interdisciplinary methods we used for this work so far, and recommendations for other interdisciplinary teams

Team Updates

- Becky Coniam-Gudka has completed her MSc in Health and Wellbeing and has come back to the team to start her PhD, funded by ESRC. We are so glad to have her back!
- Tash, a lived experience collaborator on the Project, recorded a video for us on living with ADHD in the UK as part of an underserved group. You can see this on our YouTube now!



YouTube: <https://www.youtube.com/euniversityofexetersand>

Website: <https://sites.exeter.ac.uk/smartadhd/>

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