

SmartADHD

Sept 2026 Newsletter



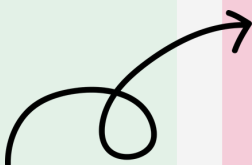
SUMMER'S (NEARLY) OVER AND WE'RE BACK

Welcome to the SmartADHD August 2026 Newsletter! Our team has had some time off over the summer, and we hope you've had some time to relax too. **We're excited to share updates about welcoming a familiar face back to the team, the ongoing development of the app, our upcoming research studies, and dates for the diary.**

APP DEVELOPMENT

1 App prototype

Anna and Clodagh have been working hard on developing the first prototype of the SmartADHD app (here's a sneak peek!)



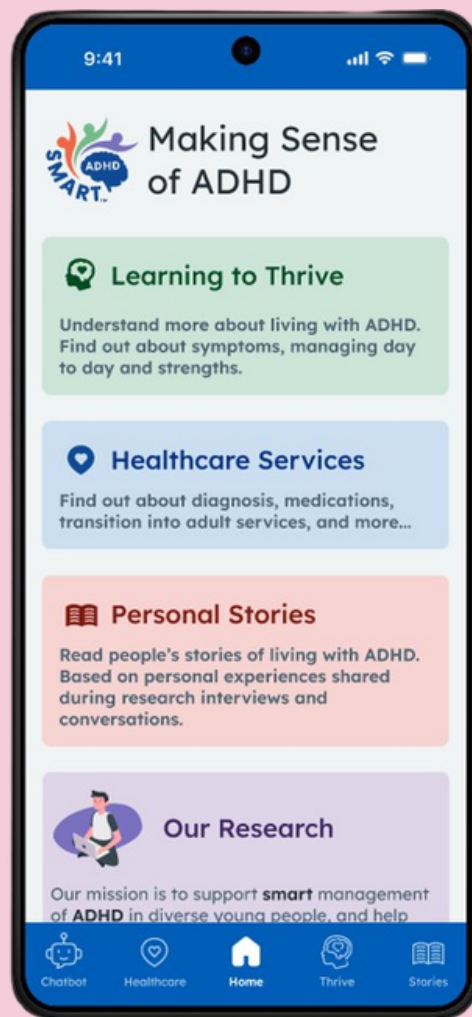
2 Writing content



Annie, Anna, Clodagh and Bethan have been writing content informed by your feedback, including from the Delphi surveys.

3 Your Feedback

Thanks to everyone who has given feedback on the draft content for the app. We're integrating this before our first testers try it out, so it is really important!



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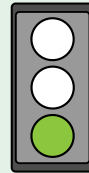
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ETHICS APPROVAL GRANTED



Last month we got approval from the Health Research Authority to carry out research on the SmartADHD App! We've got a few studies planned over the next few years, so watch this space...



EL'S PhD

After a brief absence to work on another project, El is back with the team for the next three years!



She'll be working on her PhD evaluating the first prototypes of the SmartADHD App, starting by writing up the results of the Delphi Survey.

ACCEPTED FOR PUBLICATION



'An Evidence-Based AI Virtual Assistant for Young People with Attention Deficit Hyperactivity DisorderADHD: Co-Design and Prototype Development'

accepted for publication in the

Journal of Medical Internet Research: Journal of Formative Research.

A huge thanks to everyone involved!

CONFERENCE PRESENTATION

In June, El presented about the Chatbot development at the Society for Academic Primary Care annual scientific meeting in St Andrews, Scotland



STUDY PHONE

Instead of emailing us, you can now also text or WhatsApp us at:

+447500 912666

Please be aware that we're a small team and we'll get back to you when we can!

We also have WhatsApp chats for members of our research advisory and/or working groups - let us know if you'd like to be added!



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DATES FOR THE DIARY

IF YOU'RE A PART OF ANY OF THESE GROUPS, INVITES WILL BE SENT IN ADVANCE BY EMAIL.



Think you should have an invite but can't find it? Get in touch!



- **Healthcare Professionals Research Advisory Group**
• **Tues** 10/11/2026, 2:30pm
- **Lived Experience Research Advisory Group**
• **Thurs** 12/11/2026, 1pm



CONTACT US

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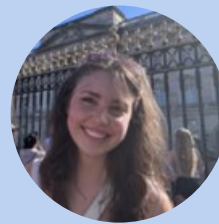
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<https://sites.exeter.ac.uk/smartadhd/>

THANKS FOR READING! THE SMARTADHD TEAM



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Lead Investigator



Annie Noyce
Medicine Student
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El Bryant
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Bethan Treadgold
Postdoctoral
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