

Can you help us?

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Take part in a focus group and help us **improve support** for suicide and self-harm in young people



Are you aged 14 – 21?

Do you have

- experience of self-harm, either yourself or someone close to you?
- or*
- experience of a death by suicide?

£30
voucher
for taking
part

You may be eligible for this study!

To express interest in taking part, please scan the QR code



All are welcome and we particularly encourage young people who identify as **LGBTQIA+**, a member of a **minoritised ethnic group**, **neurodivergent**, **disabled**, or a **young carer**

Got questions? Email Dr Abby Russell
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Parent/guardian consent is required to take part if you are 15 or under



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