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## Wellbeing in Outdoor and Environmental Education Conference

Wednesday 22<sup>nd</sup> February. University of Exeter, Reed Hall

To learn more about the presenters and their talks, [click here](#)

Time	Event	Description
9.00 – 9.15	Arrival & Refreshments	
9.15 – 9.30	Introduction & Welcome	<b>Setting the scene for wellbeing in outdoor and environmental education</b> <ul style="list-style-type: none"> <li>- <b>Dr Rachel Manning</b>, University of Exeter</li> <li>- <b>Scott Wycherley</b>, Field Studies Council</li> </ul>
9.30 – 9.55	Keynote	<b>Reflections, practice, future, and change</b> <ul style="list-style-type: none"> <li>- <b>Janine Maddison</b>, Newcastle University</li> <li>- <b>Sam Thurston</b>, Field Studies Council</li> </ul>
9.55 – 10.20	Keynote	<b>Indoors and out: a perspective on wellbeing from mainstream primary teachers</b> <ul style="list-style-type: none"> <li>- <b>Beth Watmore</b>, The Inspire Multi Academy Trust (South West)</li> <li>- <b>Peter Hutchins</b>, Holsworthy Primary School</li> </ul>
10.20 – 10.45	Presentation with Q&A	<b>We're in it together: considerations for developing a whole school approach to outdoor learning</b> <ul style="list-style-type: none"> <li>- <b>Jo Clanfield</b>, Teach Outdoors</li> </ul>
10.45 – 11.15	Workshop	<b>Toilets, tampons, and talking about gender</b> <ul style="list-style-type: none"> <li>- <b>Jill Owens</b>, Cranedale Centre</li> </ul>
11.15 – 11.35		Break & Refreshments
11.35 – 12.00	Presentation with Q&A	<b>Wildlife champions: lessons in constructive hope</b> <b>Paul Martin</b> , Devon Wildlife Trust



12.00 – 12.30	Workshop	<b>Promoting student wellbeing throughout the Geography Fieldwork residential at A Level</b> - Tom Humphreys, Skern Lodge
12.30 – 13.00	Workshop	<b>Practical strategies for supporting wellbeing</b> - <b>Rosie Molton</b> , Field Studies Council
13.00 – 13.45	Lunch	
13.45 – 14.10	Presentation with Q&A	<b>A systematic review and meta-analysis of the relationship between nature connection and wellbeing in children (work in progress)</b> - <b>Dr Alexia Barrable</b> , University of Dundee - <b>Dr Samantha Freidman</b> , University of Cambridge and Northumbria University - <b>Dr Marietta Papadatou-Pastou</b> , National and Kapodistrian University of Athens
14.10 – 14.35	Presentation with Q&A	<b>Promoting wellbeing in autistic students through nature-based learning</b> - <b>Dr Samantha Freidman</b> , University of Cambridge and Northumbria University
14.35 – 15.00	Presentation with Q&A	<b>Forest School: How structure in a learner-led environment facilitates improved mental health outcomes for those with SEND</b> - <b>Amanda Leach</b> , The Outdoors Group
15.00 – 15.20	Break & Refreshments	
15.20 – 15.50	Workshop	<b>Boring plants and disgusting insects?</b> - <b>Dr Bethan Stagg</b> , University of Exeter
15.50 – 16.15	Panel discussion & further questions	<b>What next for supporting wellbeing in outdoor and environmental education?</b> - <b>Keynote presenters</b> - <b>Dr Rachel Manning</b> , University of Exeter
16.15 – 16.30	Conference close	- <b>Dr Rachel Manning</b> , University of Exeter